

MEDIUM  
Intensity

## Whitewater Kayak / Canoe Instruction

3 Day Zero to Hero



*The Madawaska River rushes past with Class I-III rapids. You've chosen your boat, either a canoe or kayak, and are ready to read the river and push off into the currents. Your passionate and experienced guides have imparted the skills and confidence to navigate this route. Now it is just you and the river, your newfound abilities brought to life in this natural environment. After each adventurous day, rest easy with like-minded travellers at a serene wilderness resort. This is a true Canadian experience!*

### ITINERARY:

Arrive at Madawaska Kanu Centre, this will be your base for the next two nights. Set in a tranquil forest location along the Madawaska River. Your first meal will be breakfast on day 2 until lunch on day 3. Meals are served in our dining room or outside on the patio.

Your three day Canadian Signature Experience is an active adventure and will immerse you in the world of whitewater canoeing or kayaking. This instructional program is the first of its kind, renowned the world over, and led by internationally certified instructors who are invested in teaching you the 'language of the river'.

Please see full itinerary breakdown [here](#).

### MORE INFORMATION:

**Dates** Sunday – Tuesday  
Tuesday – Thursday  
Friday – Sunday

**Departure** Arrive between 7-10pm  
Depart at 4:30pm

### Includes

Two nights wilderness lodge accommodation and gourmet meal plan. Two days river instruction with passionate, experienced guides. All necessary paddling equipment and transfer shuttle to and from river locations.

### Plan Your Visit

Please check out our packing information page on our [website!](#)



247 River Road, Barry's Bay, Ontario, CANADA, K0J 1B0  
(613) 756-3620 | [paddle@mkc.ca](mailto:paddle@mkc.ca)

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# Whitewater Kayak / Canoe Instruction

3 Days / 2 Nights



## CAMPING



Wooded Campsites suitable for tents, trailers and campervans (no electrical). Each site is equipped with a picnic table, onsite parking, and access to nearby washroom facilities.

## DORMITORY



Dorm room accommodation with up to six per room (gender segregated). The Dorms are on the second floor of our Lodge building with nearby washroom facilities. Bring your own bedding.

## LODGE ROOM



Cozy Lodge Rooms based on double occupancy with either a Queen Bed, or 2 Twin Beds. Rooms are ground level with nearby washroom facilities (en suite not available).

## GLAMPING



Come glamp in MKC's forest! Our cozy, comfortable, canvas tents have two twin beds with bedding, can be converted into a single queen bed. Washroom facilities are a short walk away. Meals included. No electricity.

## CABAÑA



Off-the-grid Cabanas tucked in the woods, based on double occupancy with either a Queen Bed, or 2 Twin Beds. Washroom facilities are a short walk away.



MKC wilderness retreat



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