

MEALS FOR STAFF

MKC takes pride in serving healthy, hearty and delicious home-cooked meals. As a proud member of [FeastON](#), we source locally when possible and add our special touch with herbs and edible flowers from our own garden.

MKC's Core staff team eat with our paddling students at scheduled times. An afternoon snack is also provided. Staff must arrive on time for meals and are encouraged to get to know our students!

Meals are provided at \$15/day for staff (**only deducted on days worked or if onsite for meals. Not deducted if offsite**).

Dietary Restrictions: Our meals are buffet-style feasts. We can only accommodate gluten free and vegetarian diets but not overly strict diets (celiac, paleo, strict vegan, etc.)

